

ER-Inf
Case conference

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103.06.21

Visit ER at day1 09:49

- 28 y/o female
- Chief complaint: 病人主述為來台旅遊發燒畏寒
- Triage: 3
- T/P/R:38.3/106/22, BP=120/83, SpO2=100%
- Conscious: E4M6V5

Present illness

- Fever for 3 days
- 馬來西亞來台旅遊(4天前來)
- Whitish rhinorrhea(+), cough(+), trace sputum(+)
- No sorethroat/diarrhea/myalgia
- No 同行者 has similar s/s

Past history

- Allergy: nil
- Medical history:
 - CAD(-), Hypertension(-), DM(-),
- Surgical history: nil
- Denied pregnancy

Physical examination

- Cons: E4M6V5
- Head & neck: no tonsil exudate noted
- Chest: clear breath sounds, RHB
- abdomen: soft, no tenderness, no CV knocking pain
- Extremity: freely movable

Impression

- URI r/o pneumonia

Management

(1001)

- CXR
- WBC/DC, platelet, Hb
- AST/Cr/Na/K
- B/C x1
- N/S 60 ml/hr
- influenza screening



Laboratory data

Hb	13.6	gm/dl	Metamyelocyte	0.0	%
WBC	2.8	x1000/uL	Myelocyte	1.0	%
Differential count	*****		Promyelocyte	0.0	%
Segmented Neutro.	49.0	%	Blast	0.0	%
Lymphocyte	27.0	%	Nucleated RBC	0.0	/100WBC
Monocyte	21.0	%	Platelet	93	x1000/uL
Eosinophil	0.0	%			
Basophil	1.0	%			
Atypical lymphocyte	0.0	%	GOT(AST)	27	U/L
Band	1.0	%	Creatinine	0.63	mg/dL
			eGFR	112.52	
			Na	134	mmol/L
			K	3.6	mmol/L

Influenza A antigen Negative
Influenza B antigen Negative

Management

1205

- PT/PTT
- T-bil, CRP
- consult infection doctor

1355

- 通報 Dengue fever, measles, rubella

1427

- DC PT/PTT, CRP, T-bil
- MBD & OPD f/u
- 告知自主隔離
- Tinten 1 tab QID PO X 3 days

Lab results

抗體檢測 ELISA-IgM/ 陰性
抗體檢測 ELISA-IgG/ 陰性
登革熱 NSI 抗原檢測 / 陽性
REAL TIME PCR/ 陽性 / 登革病毒 / 第一型

Blood culture

PRELIMINARY BLOOD CULTURE REPORT:
Aerobic: SAMM5HNQ -
Anaerobic: SNMYWNCN -
No microorganism grow in 3 days cultured and final report pending.
FINAL BLOOD CULTURE REPORT:
Aerobic: -
Anaerobic: -
No microorganism grow in 7 days cultured.

Case 2

Visit ER at day1 13:36

- 32 y/o male
- Chief complaint: 病人主述1週前剛從馬來西亞回來，太太確診登革熱，全身紅疹
- Triage: 3
- T/P/R:37.6/98/18, BP=126/75, SpO2=99%
- Conscious: E4M6V5

Present illness

- 6天前 fever，現已退燒
- Improved in myalgia & arthralgia
- Urine color: 黃
- No headache
- Skin rash(+)/不癢

Past history

- Allergy: NKDA

Physical examination

- Cons: clear
- Head & neck: not pale conjunctiva
- Chest: RHB
- abdomen: soft
- Extremity: freely movable, warm





Impression

- Suspected Dengue fever

Management

- (1423)
- WBC/DC, platelet, Hb
 - AST/Cr
 - PT/PTT
 - On IV lock
 - 通報登革熱
 - 隔離室隔離
 - take photo

Laboratory data

Hb	16.4	gm/dl
WBC	3.0	x1000/uL
Differential count	*****	
Segmented Neutro.	69.3	%
Lymphocyte	20.3	%
Monocyte	8.4	%
Eosinophil	1.7	%
Basophil	0.3	%
Platelet	148	x1000/uL

GOT(AST)	28	U/L
Creatinine	1.06	mg/dL
eGFR	80.96	
PT	10.4	second
Normal control	10.4	second
INR	1.00	Ratio
APTT	37.1	second
Normal control	33.4	second
APTT ratio	1.11	

Management

- 1700
- MBD & OPD f/u
 - 登革熱衛教
 - 告知自主隔離
 - Tinten 1 tab QID PO X 3 days

Lab results

血清抗體檢測 ELISA IgM/ 未確定
血清抗體檢測 ELISA IgG/ 陰性
登革熱 NS1 抗體檢測 / 陽性
血清 REAL TIME PCR/ 陰性
第二次血清抗體檢測 ELISA IgG/ 陽性
第二次血清抗體檢測 ELISA IgM/ 陽性

Case 3

Visit ER at day1 13:38

- 32 y/o female
- Chief complaint: 病人主述1週前剛從馬來西亞回來，確診登革熱，發燒5天
- Triage: 3
- T/P/R: 37.6/113/18, BP=125/77, SpO2=98%
- Conscious: E4M6V5

Present illness

- 7天前 回台灣
- 過海關, BT:39 度→抽血→ 隔天衛生所通知 確診dengue fever
- Urine color: 淡黃
- Improved in myalgia & arthralgia
- 長疹子擔心出血熱

Past history

- Allergy: NKDA
- hyperthyroidism

Physical examination

- Cons: clear
- Head & neck: not pale conjunctiva
- Chest: RHB
- abdomen: soft
- Extremity: freely movable, warm





Impression

- Suspected Dengue fever

Management

(1424)

- WBC/DC, platelet, Hb
- AST/Cr
- PT/PTT
- On IV lock
- 通報登革熱
- 隔離室隔離
- take photo

Laboratory data

Hb	13.6	gm/dl
WBC	1.8	x1000/uL
Differential count	*****	
Segmented Neutro.	53.0	%
Lymphocyte	24.0	%
Monocyte	14.0	%
Eosinophil	1.0	%
Basophil	1.0	%
Atypical lymphocyte	7.0	%
Band	0.0	%
Metamyelocyte	0.0	%
Myelocyte	0.0	%
Promyelocyte	0.0	%
Blast	0.0	%
Nucleated RBC	0.0	/100WBC
Platelet	113	x1000/uL

GOT(AST)	47	U/L
Creatinine	0.49	mg/dL
eGFR	146.36	
PT	10.5	second
Normal control	10.4	second
INR	1.01	Ratio
APTT	34.5	second
Normal control	33.4	second
APTT ratio	1.03	

血清抗體檢測 ELISA IgM/ 陽性
血清抗體檢測 ELISA IgG/ 未確定
登革熱 NSI 抗原檢測 / 陽性

Management

1640

- Consult 感控總值
- admission

Admission course

day1 admission

day3 Fever subside

WBC	2.8	x1000/uL	3.8	10	*L	1.8
Differential count	*****					*****
Segmented Neutro.	38.0	%	37	75		53.0
Lymphocyte	38.0	%	20	55		24.0
Monocyte	13.0	%	4	10	*H	14.0
Eosinophil	2.0	%	0	5		1.0
Basophil	0.0	%	0	2		1.0
Atypical lymphocyte	9.0	%	0	3	*H	7.0
Band	0.0	%	0	5		0.0
Metamyelocyte	0.0	%	0	0		0.0
Platelet	206	x1000/uL	140	450		113

Discharge

Discussion—Dengue virus infection

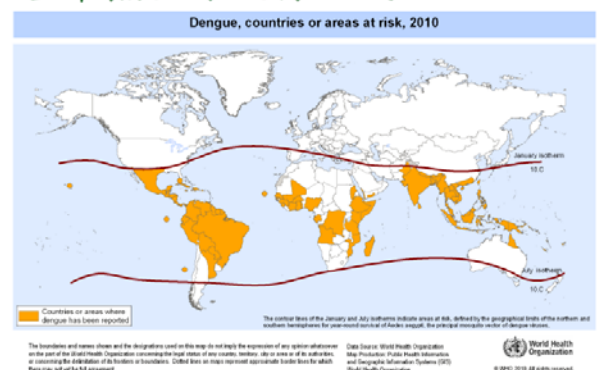
Dengue virus

- 造成登革熱/登革出血熱/登革休克症候群
- 由黃病毒科（Flaviviridae）黃病毒屬（Flavivirus）中的登革病毒亞屬所引起
- 單股RNA病毒，依血清抗原可分為四型，均具有感染致病的能力
- 再次感染不同型別登革病毒，可能發生較嚴重的登革出血熱
- 屬於第二類傳染病(24小時內通報)

Arboviruses

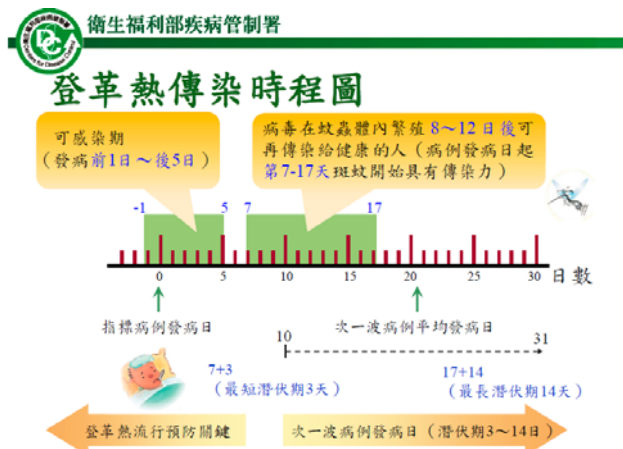
Disease	Vector	Host	Distribution	Disease
Alphaviruses				
Chikungunya	Aedes	Humans, Monkeys	Africa, Asia	Fever, arthralgia, arthritis
Eastern equine encephalitis	Aedes, Culiceta	Birds	North and South America, Caribbean	Mild systemic; encephalitis
Western equine encephalitis	Culex, Culiceta	Birds	North and South America	Mild systemic; encephalitis
Venezuelan equine encephalitis	Aedes, Culex	Rodents, Horses	North, South, Central America	Mild systemic; severe encephalitis
Flaviviruses				
Dengue	Aedes	Humans, Monkeys	Worldwide, especially tropics	Mild systemic; break-bone fever, DHF, DSS
Yellow fever	Aedes	Humans, monkeys	Africa, South America	Hepatitis, hemorrhagic fever
Japanese encephalitis	Culex	Pigs, birds	Asia	Encephalitis
West Nile encephalitis	Culex	Birds	Africa, Europe, central Asia, North America	Fever, encephalitis, hepatitis
St. Louis encephalitis	Culex	Birds	North America	Encephalitis

登革熱全球流行區域



傳染途徑

- 傳染方式
 - 經由病媒蚊（斑蚊）叮咬傳播
- 潛伏期
 - 潛伏期約3-8天（最長可達14天）
- 可傳染期
 - 病人發病前1天至發病後5天為「可感染期」（或稱「病毒血症期」）
 - 病毒在蚊子體內經過8-12天的增殖，使蚊子具有感染力
- 感染性及抵抗力
 - 性別及年齡無顯著差異
- 感染某一型登革病毒患者，對該型病毒具有終身免疫，對其他型別僅具有短暫的免疫力



臺灣斑蚊分布地區

埃及斑蚊

- 分布於嘉義布袋以南各縣市（包括嘉義縣、臺南市、高雄市、屏東縣、臺東縣及澎湖縣）

- 喜歡棲息在室內

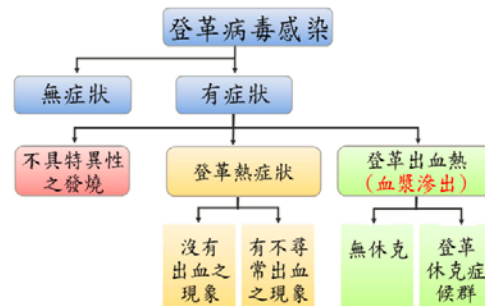
白線斑蚊

- 分布於全島平地及1500公尺以下之山區

- 棲息場所多在室外



登革病毒感染的臨床表現



資料來源：ICAB INTERNATIONAL 1997
Dengue and Dengue Hemorrhagic Fever (eds D.J. Gubler and G.Kuno)

臨床表現

- 登革熱：突發發燒 $\geq 38^{\circ}\text{C}$ 且伴隨下列二（含）種以上症狀
 - 頭痛
 - 後眼窩痛
 - 肌肉痛
 - 關節痛
 - 出疹
 - 出血性癢候（hemorrhagic manifestations）
 - Skin, nose, GI bleeding
 - 白血球減少（leukopenia）
- Age < 15 y/o: mostly Asymptomatic or minimally symptomatic

登革出血熱

同時具有下列四項條件：

- 發燒
- 出血傾向
- 血小板下降（10 萬以下）
- 血漿滲漏（plasma leakage）
 - Hemoconcentration (Hct $\uparrow$ 20%, pleural effusion, ascites)

登革休克症候群(dengue shock syndrome)

- Dengue hemorrhagic fever+ shock

Lab finding

- Leukopenia
- Thrombocytopenia(< 10萬)
- AST elevation: most 2-5 fold of upper limit

diagnosis

- 符合下列檢驗結果陽性之任一項者，為確定病例：
 - 臨床檢體（血液）分離並鑑定出登革病毒
 - 臨床檢體分子生物學核酸檢測陽性
 - 血清學抗原（登革病毒非結構蛋白non-structuralprotein 1，簡稱NS1）檢測陽性
 - 成對血清（恢復期及急性期）中，登革病毒特异性IgM 或IgG抗體（二者任一）有陽轉或 ≥ 4 倍上升

Treatment

- 典型登革熱致死率低於1%
- 登革出血熱若無適當治療，死亡率可能超過20% [WHO]，早期診斷並加以適當治療，死亡率可低於5%
- 登革熱沒有特效藥物可積極治療，一般採行支持性療法