

## ER-INF COMBINE CONFERENCE

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102.01.19

### Basic data

- ER visit on day1 12:12 PM
- 檢傷主訴：病患來診為發燒畏寒
- Gender : male
- Age : 76 y/o
- Cons : E4V5M6
- Vital signs :  
SpO2 : 81%, TPR : 38.6/ 56/ 21, BP : 140/71 mmhg
- Triage I

### Present illness

- 患者為印尼華僑由家屬代述患者已經畏寒發燒一個月,每天燒一到兩次
- Decrease appetite and body weight
- He had visit local hospital at Indonesia without definite diagnosis
- Cough mild
- Abdominal fullness
- Myalgia
- No nausea/vomiting/diarrhea
- No dysuria
- No skin rash or obvious wound

### Past history

- Allergy : NKA
- L4-L5 HIVD s/p OP at 2008

### Physical examination

- Consciousness : E4V5M6
- HEENT : supple neck, no icteric sclera
- Chest : clear breathing sound, RHB
- Abdomen : soft, no tenderness point, back pain and soreness
- Extremities : left thigh tenderness, no obvious wound at skin

### Tentative diagnosis

- FUIO r/o atypical infection

## Orders

12:21 PM

- WBC/DC/Hb/PLT
- PT/aPTT
- BUN/Crea, GOT, T-bil, CRP
- Lactate
- Blood/C \* II
- ABG G6
- N/S run 60 ml/hr
- CXR
- U/A, U/C

## CXR

## Lab data

WBC/DC/Hb/PLT		Biochemistry		PT/aPTT	
Hb	8.1	GOT(AST)	96	PT	11.7
WBC	16.7	T-Bilirubin	0.7	Normal control	10.2
Segmented Neutro.	69	BUN	14	INR	1.15
Lymphocyte	20	Creatinine	1	APTT	34.1
Monocyte	5.5	CRP	16.2	Normal control	32.8
Eosinophil	0.5	Lactate	29.3	APTT ratio	1.04
Atypical lymphocyte	0.5				
Band	0.5				
Metamyelocyte	3.5				
Myelocyte	0.5				
Platelet	359				

## Lab data

U/A		
RBC	16-30	/HPF
WBC	>100	/HPF
Epithelial cell	0-1	/HPF
Cast	Granular	/LPF
Cast-amount	+	
Crystal	Not Found	/HPF
Cry-amount	-	
Bacteria	+	

PH=7.549  
 PCO2=37.7 mmHg  
 PO2=65 mmHg  
 BE=11 mmol/L  
 HCO3=32.9 mmol/L  
 TCO2=34 mmol/L  
 SO2=95 %  
 NA=133 mmol/L  
 K=3.8 mmol/L  
 HCT=26 %PCV  
 HB=8.8 g/dL

## ORDERS

1404

- N/S 200ml challenge(BT 37.4, BP 95/58, HR 111)
- PSA (1.8)
- Flumarin 2g IV ST & 1g Q6H
- On BP monitor
- Arrange Infection ward
- IV 改N/S 100ml/hr

1450

- Morphine 5mg IV st(back pain)

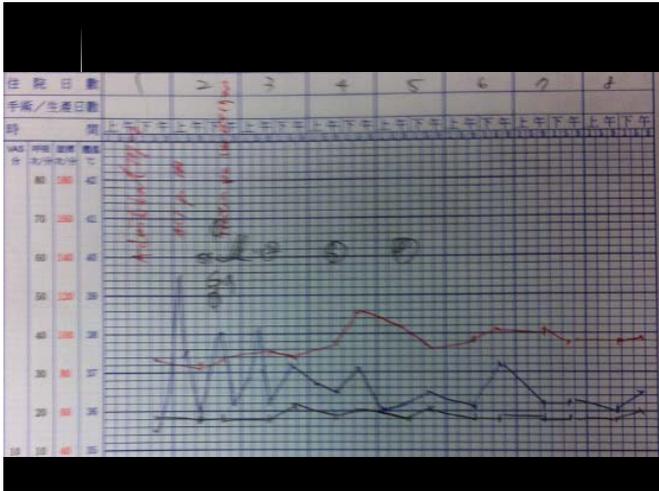
1510

- Admission to 7B

## Admission course

- After admission to ward initial antibiotics : cefmetazole 1g Q8H (day1-day3)
- F/U lab data on day3, day4

Alkaline p-tase	88	U/L
LDH	156	U/L
HIV Screen	0.74	S/CO
AFP	1.73	ng/mL
CEA	1.78	ng/mL
T4	4.2	ug/dL
ESR	113	mm/hr



## Blood culture 01/08

PRELIMINARY BLOOD CULTURE REPORT:  
 Aerobic: SALHSVM8 +  
 Anaerobic: SNLJ349M +  
 One bottle of bottle set was positive cultured and final report \*\*X\*\*  
 Microscopic finding: Gram (+) coccus in cluster.  
 FINAL BLOOD CULTURE REPORT:  
 Organism:  
 1. Staphylococcus aureus(MSSA)  
 /////  
 Antibiotic/Culture:S8 Staphylococcus aureus(MSSA)  

CC	CIP	E	GM	LVX	MXF	OX	P	SXT	TET	TGC
S	S	S	S	S	S	S	R	S	R	S
<=.25	<=.5	<=.25	<=.5	.25	<=.25	<=.25	>=.5	<=10	>=16	.5

VA  
S  
2  
 CC:CC(Clindamycin) CIP:CIP(Ciprofloxacin) E:E(Erythromycin)  
 GM:GM(Gentamicin) LVX:LVX(Levofloxacin) MXF:MXF(Moxifloxacin)  
 OX:OX(Oxacillin) P:P(Penicillin) SXT:SXT(Bactrim)  
 TET:TET(Tetracycline) TGC:TGC(Tigecycline) VA:VA(Vancomycin)

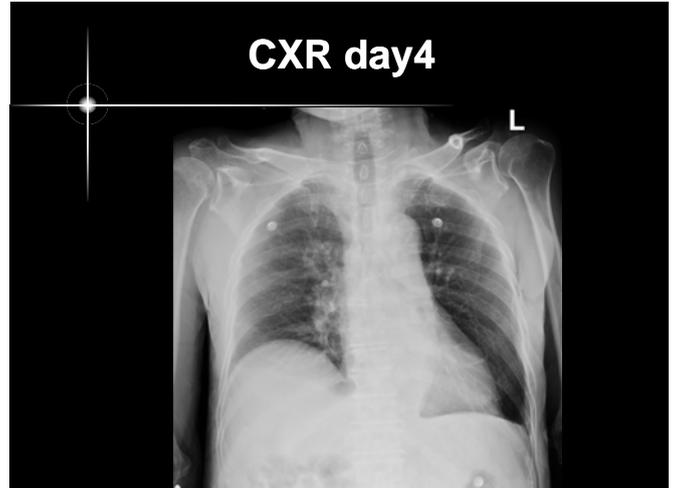
## Urine culture 01/08

MID-STREAM URINE CULTURE:  
 Colony count : >100000  
 Organism:  
 1. Staphylococcus aureus(MSSA)  
 /////  
 Antibiotic/Culture:S8 Staphylococcus aureus(MSSA)  

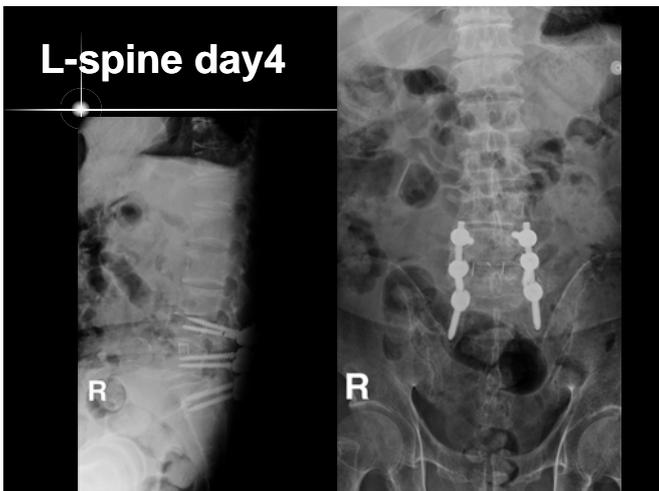
CC	CIP	E	GM	LVX	MXF	OX	P	SXT	TET	TGC
S	S	S	S	S	S	S	R	S	R	S
<=.25	<=.5	<=.25	<=.5	.25	<=.25	<=.25	>=.5	<=10	>=16	.25

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## CXR day4



## L-spine day4



## Admission course

- Antibiotics change to Oxacillin 2g IV Q4H +Gentamycin 60mg Q8H due to culture data

## Admission course

- Heart echo was arrange for evaluate of IE on 01/09

RVD                    mm ( 07 - 23 )  
 AO root 34        mm ( 20 - 39 )  
 IVS        8        mm ( 06 - 11 )  
 LA        43        mm ( 19 - 40 )  
 LVEDD 58        mm ( 36 - 52 )        EF        72        %  
 LVPW 8        mm ( 06 - 11 )        EF by Simpson s        %  
 LVESD 34        mm ( 20 - 36 )        Rhythm : Normal sinus rhythm

Comment :  
 Dilated LA and LV  
 Normal regional wall motion and normal LV contractility  
 Mild Aortic valve sclerosis with trivial AR  
 Mildly thickened mitral valve without MR  
 No valvular vegetation visible from Transthoracic approach

## L-spine MRI

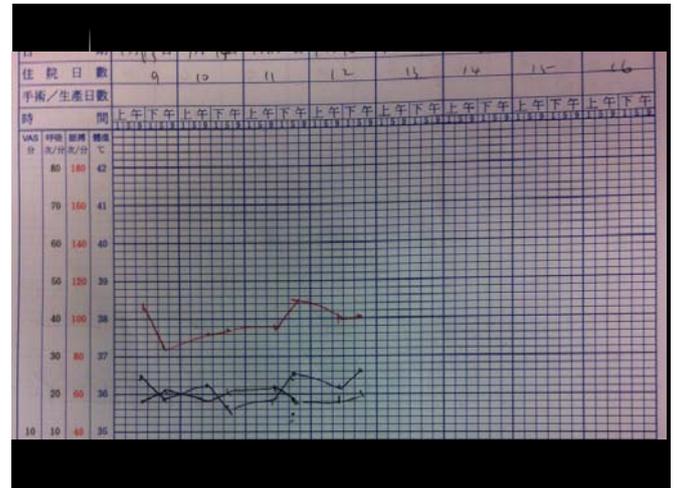
- NS doctor : susp. L-spine osteomyelitis → do MRI



## Asmission course

- F/U lab data on day8

ESR	>140
Hb	6.3
WBC	10.4
Hb	6.3
Segmented Neutro.	73.5
Lymphocyte	17.5
Monocyte	5
Eosinophil	1.5
Atypical lymphocyte	0.5
Band	1
Metamyelocyte	1
Platelet	318



## Final diagnosis

- L-spine osteomyelitis with MSSA bacteremia

## DISCUSSION

## Osteomyelitis

- Osteomyelitis is infection localized to bone
- dull pain at the involved site
- Local findings (tenderness, warmth, erythema and swelling) and systemic symptoms (fever, rigors)
- Symptoms and sign could be only mild and not easy to diagnosis

## When to susp osteomyelitis

- Pus on aspiration
- Positive bacterial culture from bone or blood
- Presence of classic signs and symptoms of acute osteomyelitis
- Radiographic changes typical of osteomyelitis

## Some hints for osteomyelitis

Imaging studies (e.g., plain radiography, magnetic resonance imaging, bone scintigraphy) demonstrating contiguous soft tissue infection or bony destruction

### Clinical signs

- Exposed bone
- Persistent sinus tract
- Tissue necrosis overlying bone
- Chronic wound overlying surgical hardware
- Chronic wound overlying fracture

### Laboratory evaluation

- Positive blood cultures
- Elevated C-reactive protein level
- Elevated erythrocyte sedimentation rate

## Classification of osteomyelitis

- **Waldvogel Classification System for Osteomyelitis**
- **Cierny-Mader Staging System for Osteomyelitis**

TABLE 1

### Waldvogel Classification System for Osteomyelitis

Hematogenous osteomyelitis

Osteomyelitis secondary to contiguous focus of infection

No generalized vascular disease

Generalized vascular disease

Chronic osteomyelitis (necrotic bone)

Information from Waldvogel FA, Medoff G, Swartz MN. Osteomyelitis: a review of clinical features, therapeutic considerations and unusual aspects (first of three parts). *N Engl J Med* 1970;282:198-206.

### Cierny-Mader Staging System for Osteomyelitis

#### Anatomic type

Stage 1: medullary osteomyelitis

Stage 2: superficial osteomyelitis

Stage 3: localized osteomyelitis

Stage 4: diffuse osteomyelitis

#### Physiologic class

A host: healthy

B host:

Bs: systemic compromise

Bl: local compromise

Bls: local and systemic compromise

C host: treatment worse than the disease

#### Factors affecting immune surveillance, metabolism and local vascularity

Systemic factors (Bs): malnutrition, renal or hepatic failure, diabetes mellitus, chronic hypoxia, immune disease, extremes of age, immunosuppression or immune deficiency

Local factors (Bl): chronic lymphedema, venous stasis, major vessel compromise, arteritis, extensive scarring, radiation fibrosis, small-vessel disease, neuropathy, tobacco abuse

Adapted with permission from Cierny G, Mader JT, Pennick JJ. A clinical staging system for adult osteomyelitis. *Contemp Orthop* 1985; 10:17-37.

## Common pathogen in osteomyelitis

### Organisms Commonly Isolated in Osteomyelitis Based on Patient Age

#### Infants (< 1 year)

Group B streptococci  
*Staphylococcus aureus*  
*Escherichia coli*

#### Children (1 to 16 years)

*S. aureus*  
*Streptococcus pyogenes*  
*Haemophilus influenzae*

#### Adults (> 16 years)

*Staphylococcus epidermidis*  
*S. aureus*  
*Pseudomonas aeruginosa*  
*Serratia marcescens*  
*E. coli*

Adapted with permission from Dirschl DR, Almekinders LC. Osteomyelitis. Common causes and treatment recommendations. *Drugs* 1993;45:29-43.

## Common pathogen in osteomyelitis

### Organisms Isolated in Bacterial Osteomyelitis

Organism	Comments
<i>Staphylococcus aureus</i>	Organism most often isolated in all types of osteomyelitis
Coagulase-negative staphylococci or Propionibacterium species	Foreign-body-associated infection
Enterobacteriaceae species or <i>Pseudomonas aeruginosa</i>	Common in nosocomial infections
Streptococci or anaerobic bacteria	Associated with bites, fist injuries caused by contact with another person's mouth, diabetic foot lesions, decubitus ulcers
<i>Salmonella</i> species or <i>Streptococcus pneumoniae</i>	Sickle cell disease
<i>Bartonella henselae</i>	Human immunodeficiency virus infection
<i>Pasteurella multocida</i> or <i>Eikenella corrodens</i>	Human or animal bites
Aspergillus species, <i>Mycobacterium avium-intracellulare</i> or <i>Candida albicans</i>	Immunocompromised patients
<i>Mycobacterium tuberculosis</i>	Populations in which tuberculosis is prevalent
<i>Brucella</i> species, <i>Coxiella burnetii</i> (cause of chronic Q fever) or other fungi found in specific geographic areas	Population in which these pathogens are endemic

Adapted with permission from Lew DP, Waldvogel FA. Osteomyelitis. *N Engl J Med* 1997;336:999-1007.

Types of Osteomyelitis	Typical Age (yr)	Site(s) involved	Risk Factors
Hematogenous	Less than 1	Long bones and joints	Prematurity, umbilical catheter or venous cutdown, respiratory distress syndrome, perinatal asphyxia
	1-20	Long bones (femur, tibia, humerus)	Infection (pharyngitis, cellulitis, respiratory infections), sickle cell disease, puncture wounds to feet
	Older than 50	Vertebrae	Diabetes mellitus, blunt trauma to spine, urinary tract infection
Contiguous	Older than 50	Femur, tibia, mandible	Hip fractures, open fractures
Vascular insufficiency	Older than 50	Feet, toes	Diabetes mellitus, peripheral vascular disease, pressure sores

## Image for osteomyelitis

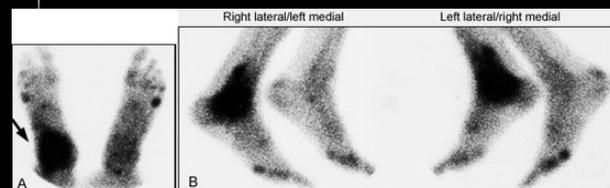
Table 2. Diagnostic Imaging Studies for Osteomyelitis

Imaging modality	Sensitivity (%)	Specificity (%)	Comments
Computed tomography	67	50	Generally should not be used in osteomyelitis evaluation
Leukocyte scintigraphy	61 to 84	60 to 68	Combining with technetium-99 bone scintigraphy can increase specificity
Magnetic resonance imaging	78 to 90	60 to 90	Useful to distinguish between soft tissue and bone infection, and to determine extent of infection; less useful in locations of surgical hardware because of image distortion
Plain radiography (anteroposterior, lateral, and oblique views)	14 to 54	68 to 70	Preferred imaging modality; useful to rule out other pathology
Positron emission tomography	96	91	Expensive; limited availability
Technetium-99 bone scintigraphy	82	25	Low specificity, especially if patient has had recent trauma or surgery; useful to differentiate osteomyelitis from cellulitis, and in patients in whom magnetic resonance imaging is contraindicated

## Plain film



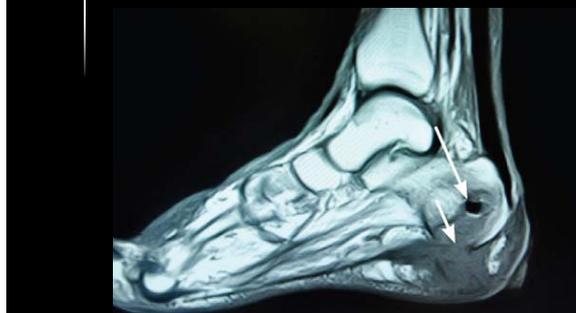
## Bone scan



## CT scan



## MRI



**Table 3. Initial Antibiotic Therapy for Treatment of Osteomyelitis in Adults**

Organism	Preferred regimens	Alternative regimens
Anaerobes	Clindamycin, 600 mg IV every 6 hours Ticarcillin/clavulanate (Timentin), 3.1 g IV every 4 hours	Cefotetan (Cefotan), 2 g IV every 12 hours Metronidazole, 500 mg IV every 6 hours
Enterobacteriaceae (e.g., <i>Escherichia coli</i> ), quinolone-resistant	Ticarcillin/clavulanate, 3.1 g IV every 4 hours Piperacillin/tazobactam (Zosyn), 3.375 g IV every 6 hours	Ceftriaxone, 2 g IV every 24 hours
Enterobacteriaceae, quinolone-sensitive	Fluoroquinolone (e.g., ciprofloxacin [Cipro], 400 mg IV every 8 to 12 hours)	Ceftriaxone, 2 g IV every 24 hours
<i>Pseudomonas aeruginosa</i>	Cefepime, 2 g IV every 8 to 12 hours, plus ciprofloxacin, 400 mg IV every 8 to 12 hours Piperacillin/tazobactam, 3.375 g IV every 6 hours, plus ciprofloxacin, 400 mg IV every 12 hours	Imipenem/cilastatin (Primaxin), 1 g IV every 8 hours, plus aminoglycoside
<i>Staphylococcus aureus</i> , methicillin-resistant	Vancomycin, 1 g IV every 12 hours For patients allergic to vancomycin: Linezolid (Zyvox), 600 mg IV every 12 hours	Trimethoprim/sulfamethoxazole (Bactrim, Septra), 1 double-strength tablet every 12 hours Minocycline (Minocin), 200 mg orally initially, then 100 mg daily Fluoroquinolone (e.g., levofloxacin [Levaquin], 750 mg) IV daily plus rifampin, 600 mg IV every 12 hours
<i>S. aureus</i> , methicillin-sensitive	Nafcillin or oxacillin, 1 to 2 g IV every 4 hours Cefazolin, 1 to 1.5 g IV every 6 hours	Ceftriaxone, 2 g IV every 24 hours Vancomycin, 1 g IV every 12 hours
Streptococcus species	Penicillin G, 2 to 4 million units IV every 4 hours	Ceftriaxone, 2 g IV every 24 hours Clindamycin, 600 mg IV every 6 hours

Organism	Antibiotic(s) of first choice	Alternative antibiotics
<i>Staphylococcus aureus</i> or coagulase-negative (methicillin-sensitive)	Nafcillin (Unipen), 2 g IV every 6 hours, or clindamycin phosphate (Cleocin Phosphate), 900 mg IV every 8 hours	First-generation cephalosporin or vancomycin (Vancocin)
Staphylococci	Vancomycin, 1 g IV every 12 hours	Teicoplanin (Targocid),* trimethoprim-sulfamethoxazole (Bactrim, Septra) or minocycline (Minocin) plus rifampin (Rifadin)
<i>S. aureus</i> or coagulase-negative (methicillin-resistant) staphylococci	Vancomycin, 1 g IV every 12 hours	Clindamycin, erythromycin, vancomycin or ceftriaxone (Rocephin)
Various streptococci (groups A and B $\beta$ -hemolytic organisms or penicillin-sensitive <i>Streptococcus pneumoniae</i> )	Penicillin G, 4 million units IV every 6 hours	Clindamycin, erythromycin, vancomycin or ceftriaxone (Rocephin)
Intermediate penicillin-resistant <i>S. pneumoniae</i>	Cefotaxime (Claforan), 1 g IV every 6 hours, or ceftriaxone, 2 g IV once daily	Erythromycin or clindamycin
Penicillin-resistant <i>S. pneumoniae</i>	Vancomycin, 1 g IV every 12 hours	Levofloxacin (Levaquin)
Enterococcus species	Ampicillin, 1 g IV every 6 hours, or vancomycin, 1 g IV every 12 hours	Ampicillin-sulbactam (Unasyn)
Enteric gram-negative rods	Fluoroquinolone (e.g., ciprofloxacin [Cipro], 750 mg orally every 12 hours)	Third-generation cephalosporin
<i>Serratia</i> species or <i>Pseudomonas aeruginosa</i>	Ceftazidime (Fortaz), 2 g IV every 8 hours (with an aminoglycoside given IV once daily or in multiple doses for at least the first 2 weeks)	Imipenem (Primaxin I.V.), piperacillin-tazobactam (Zosyn) or cefepime (Maxipime, given with an aminoglycoside)
Anaerobes	Clindamycin, 600 mg IV or orally every 6 hours	For gram-negative anaerobes: amoxicillin-clavulanate (Augmentin) or metronidazole (Flagyl)
Mixed aerobic and anaerobic organisms	Amoxicillin-clavulanate, 875 mg and 125 mg, respectively, orally every 12 hours	Imipenem

**THANKS FOR YOUR ATTENTION**