

ER-GS Combine Conference

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100.11.16

Date to ER: 2011/11/XX 08:41

Patient Information

- Age: 74 y/o
- Gender: female

Initial presentation at ER

- Vital signs:
 - GCS: E4V3M6
 - TPR: 40.10C/ 73/min / 20/min BP: 137/51mmHg
 - SpO2:99%
- Chief Complaint: drowsy consciousness

History

- 早上去做運動之後high fever, cold sweating(?), 人怪怪的
- No cough, 昨天稍微肚子痛
- Past History:
 - s/p appendectomy
 - DM
 - Occupation: house wife
 - Allergy: no known drug allergy
 - Travel: nil

PE

- Consciousness: E3V4M6
- Pupil(2+/2+)
- Lung: coarse breathing sound
- Abdomen: soft, no tender, no guarding
- Extremities: no rash, no pitting edema
- Impression:
 - Susp central fever, r/o septic encephalopathy

Lab data

檢驗項目名稱	檢驗值	檢驗單位	最小參考值	最大參考值	Hi,Lo
Lactate	40.1	mg/dL		4,500	19,800
Glucose	232	mg/dL			*H
GOT(AST)	29	U/L			
BUN	24	mg/dL			
Creatinine	1.7	mg/dL			
Na	138	meq/L			
K	4.9	meq/L			
eGFR	29.38				
CPK	50	U/L			
CRP	7.800	mg/dL			
PT	13.2				
Normal control	10.6				
INR	1.23				
APTT	28.3				
Normal control	32.8				
WBC	6.1	X1000/uL			
RBC	4.15	million			
Hb	11.8	gm/dL			
Ht	35.3	%			
MCV	85.1	fL			
MCH	28.4	pg			
MCHC	33.4	%			
RDW	11.9	%			
Platelet	245	x1000/uL			
Segmented Neutro.	88.0	%			
Lymphocyte	8.0	%			
Monocyte	1.0	%			
Eosinophil	0.0	%			
Basophil	0.0	%			
Atypical lymphocyte	0.0	%			
Band	1.0	%			
Metamyelocyte	1.0	%			
Myelocyte	1.0	%			

Lab Data

Sediment	*****	
RBC	0-1	/HPF
WBC	1-2	/HPF
Epithelial cell	0-1	/HPF
Cast	Hyaline	/HPF
.cast-amount	++	
Crystal	Calcium	/HPF
.Cryst-amount	+	
Bacteria	af.	
Others	Not Found	

PH=7.466
 PCO2=25.2 mmHg
 PO2=73 mmHg
 BE=-6 mmol/L
 HCO3=18.2 mmol/L
 TCO2=19 mmol/L
 SO2=96 %

CXR



Abdominal ECHO

- No hydronephrosis
- No increase kidney echogenicity
- No CBD dilatation
- No liver abscess noted
- No IVC collapse

ER course

- 09:18 • TPR: 39.9°C/ 66/min/ 20/min BP: 87/60mmHg
- 10:04 • CVP: 5cm H2O → N/S 500ml challenge
A/B: Tazocin → Cefmetazole
- 15:08 • Consciousness clear, clinically better
RLQ and LLQ tenderness(s/p appendectomy)
→ colitis/diverticulitis with bacteremia?
→ Bedside ECHO: no finding(due to bowel ga)
→ Arrange abd CT w/o contrast due to Cr: 1.7
- 17:45 • Radiologist: unclear rectao-uterin plane
r/o bowel perforation with fistula to uterus
Gynecologist: r/o IUD perforation with intra-abdominal abscess
→ arrange contrast Abd CT

Abd CT

- 18:45 • Abd CT w/ & w/o contrast:
low abd ascites; Sigmoid-colon thickening;
hypodense lesion in uterine; fat stranding at Rt gerota fascia
→ consult GS
- 21:00 • Clear consciousness; no resp. distress,
Abd: soft, low abd tenderness with nl bowel sound
GS opinion: NPO
due to family決定先打A/B
如clinical stable, 下週一 colonoscopy
若unstable, OP(inform family the risk)

23:45 • HR: 60, RR 19/min, BP 97/57 CVP: 4cmH₂O
 11:06 → Tetraspan 1bt iv st
 01:05 • HR: 77, RR 16 BP 81/47mmHg SpO₂ 96%
 N/S 500ml challenge
 reconsult GS for explain
 → GCS E4V5M6; run dopamine 20ml/hr
 • GS Note: no abd pain, no tenderness
 BP: 93/56 mmHg, CVP level: 4cmH₂O
 HR 76/min
 → keep antibiotic treatment
 → 家屬同意先藥物治療
 → follow lactate, WBC/DC coming morning

02:40 • Consciousness: clear
 TPR: 36.5°C/ 79/20 BP 109/59mmHg SpO₂:93%
 limb: warm, no cold sweating
 • Consciousness: clear
 HR: 82, RR 20, BP 117/55, SpO₂: 94% (N/C 4L/min)
 → ABG
 PH=7.351
 PCO₂=29.5 mmHg
 PO₂=74 mmHg
 BE=-9 mmol/L
 HCO₃=16.3 mmol/L
 TCO₂=17 mmol/L
 SO₂=94 %
 NA=143 mmol/L
 K=3.7 mmol/L
 HCT=28 %PCV
 HB=9.5 g/dL
 • Lasix 2amp iv st → 病患表示喘較改善

03:50 • Desaturation and dyspnea during OBS
 • GCS: E4V5M6, clear, 有點胸悶, Abd pain(+)
 Tachypnea with mild resp. distress
 Chest: bil coarse BS, no wheeze
 Dark ccolor urine from Foley tube
 EKG: NSR, no ST-T change
 CXR: lung congestion
 BP: 135/69mmHg, HR 80, CVP 23cmH₂O
 → susp fluid overload or sepsis progression
 → O₂, diuretics, hold IVF
 → reconsult GS for ICU/OP

Lactate	25.8	mg/dL
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 05:00 • GS: prepare operation
 TPR: 37°C/ 69/18 BP 144/70mmHg SpO₂ 100%

OP finding

OP finding

Discussion: colono-genital tract fistula

- More common incidence: recto-vaginal/ano-vaginal fistulae
- Clinical Presentation:
 - uncontrollable passage of gas or feces from the vagina
 - malodorous vaginal discharge
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Discussion: colono-genital tract fistula

- Causes:
 - Congenital
 - 懷孕(prolonged labor→ pressure necrosis)
 - 生產(3rd~4th degree perineal laceration);
 - Severe endometriosis
 - Infection: Cryptoglandular anorectal abscesses, Bartholin gland infections
 - **Malignancies** treat with radiotherapy: 6m~2y tract 成形
 - Inflammatory bowel disease(Crohn > UC)
 - Other: fecal impaction, sexual assault...

Discussion: colono-genital tract fistula

- Classification:
 - Size: large(>2.5cm), small(<2.5cm)
 - Location of fistula:
 - Low fistula: at dentate line
 - High: at level of cervix
 - Middle: between dentate line and cervix
 - Complex fistula:
 - High, large, or related to inflammatory bowel dz, recurrent
 - May related to poor artery supply

Discussion: colono-genital tract fistula

- Approach:
 - PE: anterior midline depression of rectum
 - PV: darker mucosa→ location of tract
 - colonoscopy/proctoscopy, methylen blue dye with gel from anus
 - CT: with recto-contrast



Discussion: colono-genital tract fistula

- Treatment:
 - Conservative: regulating bowel function, controlling diarrhea→僅少數會自己healing
 - Surgical:
 - definite treatment
 - excision and closure of the rectal portion of the fistula
 - Covered with vascularized mucosal flap **on the high pressure side of the fistula**
 - combine Mx to **control inflammation** ↑ healing rate(尤其 Crohn dz), use antibiotics