Journal Reading

PGY 張添維 Supervisor 蔡同堯 100.04.30 Predictors of acute decompensation after admission in ED patients with sepsis

> American Journal of Emergency Medicine (2010) 28, 631–636 Jeffrey M. Caterino MD, Tracy Jalbuena MD, Benjamin Bogucki MD

Introduction (I)

• The patient who presents with or subsequently develops severe sepsis or septic shock

- ✓ Rapid aggressive resuscitation → improving outcomes and decreasing mortality rates that range from <u>35% to 65%</u>
- ED care and disposition decisions have significant effects on outcome in patients with severe infection.
- In-hospital or 30-day mortality

 ✓ not be the optimal measure for assessing infection severity in the ED itself

Introduction (II)

- Patients have worsening sepsis or develop septic shock <u>on regular nursing floors</u> have <u>delays in</u> processes of care as compared to those who develop septic shock in the intensive care unit (ICU).
 - identify factors predictive of decompensation on the inpatient floor within 48 hours after admission among those ED patients initially admitted to a regular nursing floor
 - ✓ transfer to an ICU within 48 hours of admission as the marker of acute decompensation

Methods (I)

- A case-control study of ED patients admitted to an urban tertiary care hospital
- Inclusion criteria
 - treatment in the ED and admission to a regular nursing (non-ICU) floor
 - \checkmark proven or suspected infection in the ED
 - ✓ receipt of a hospital discharge diagnosis of sepsis (ICD-9-CM code of 038.49, 038.9, or 995.92)
- from January 1, 2003, to June 30, 2005

Method (II)

- stratified into 2 groups
 - ✓ ICU group : all patients who were transferred to an ICU within 48 hours of admission
 - ✓ non-ICU or floor group : all patients who remained on the regular nursing floor for at least 48 hours
- · An infection was considered
 - ✓ documented ED diagnosis of an infectious condition
 - ✓ an ED diagnosis to "rule out" an infectious condition
 - ✓ blood cultures were ordered in the ED
- To assess the burden of comorbidities, the Charlson comorbidity index was calculated.

Condition	Assigned weights for disease
Myocardial infarct	1
Heart failure	1
Peripheral vascular disease	1
Cerebrovascular disease	1
Dementia	1
Chronic pulmonary disease	1
Connective tissue disease	1
Ulcer disease	1
Mild liver disease	1
Diabetes	1
Hemiplegia	2
Moderate or severe renal disease	2
Diabetes with end organ damage	2
Any tumor	2
Leukemia	2
Lymphoma	2
Moderate or severe liver disease	3
Metastatic solid tumor	6
AIDS	6
Weighted comorbidity classes	
Low	0 points
Medium	1 to 2 points
High	3 to 4 points
Very high	≥5 points

Method (III)

- · Altered mental status
 - ✓ altered mental status, confusion, delirium, or dementia
 Immunosuppression
 - ✓ HIV, AIDS, cancer, multiple myeloma, chemotherapy, recent systemic steroid use (within 30 days), organ transplant, or use of any immunosuppressive medication
- fever as temperature of 38.0°C or higher
- tachycardia as heart rate of 100 beats per minute or higher
- tachypnea as respiratory rate of 20 breaths per minute or higher
- hypotension as systolic blood pressure of less than 90 mm Hg
- low serum bicarbonate was defined as values less than 20 mmol/L



Result (I)					
Table 1 Characteristics of study patients					
	Entire population (n = 78)	Transferred to ICU (n = 34)	Remained on regular floor (n = 44)		
Proportions of dichotomous variables (n%)	0				
Male sex	52.5	64.7	43.2		
Previously existing do-not-resuscitate order	18.2	16.1	23.1		
Nursing home resident	27.6	11.7	38.6		
Temperature, ≥38.0°C	32.0	17.6	43.2		
Tachycardia (>100 beats/min)	64.1	64.7	63.6		
Tachypnea (>20 breaths/min)	11.5	17.6	6.8		
Hypotension (systolic, <90 mm Hg)	39.7	41.1	38.6		
Low serum bicarbonate (<20 mmol/L)	32.9	55.9	14.3		
Immunosuppression present*	26.9	35.3	20.4		
Altered mental status in ED ^b	43.4	46.9	40.9		
Vasopressors used in the ED	2.5	2.9	2.2		
Antibiotics administered in the ED	79.5	55.9	97.7		
Blood cultures ordered in the ED	48.7	37.5	56.8		
Urine culture ordered in the ED	26.3	28.0	25.0		

Result (II) Mesults of univariate testing for prediction of ICU transfer within 48 hours of admission. <i>P</i> values < .05 are bolded.				
Age	0.99 (0.96-1.01)	.354		
Male sex	2.40 (0.96-6.07)	.061		
Previously existing do-not-resuscitate order	0.64 (0.13-3.20)	.587		
Nursing home resident	0.21 (0.06-0.71)	.012		
Charlson comorbidity score	1.15 (0.91-1.47)	.242		
Immunosuppression	2.12 (0.77-5.86)	.147		
Altered mental status in ED	1.27 (0.51-3.19)	.605		
Temperature-initial ("F)	0.56 (0.39-0.78)	.001		
Heart rate-initial	1.00 (0.98-1.02)	:719		
Respiratory rate-initial	1.01 (0.95-1.07)	.833		
Systolic blood pressure-initial (mm Hg)	0.99 (0.97-1.00)	.191		
Temperature-highest in ED ("F)	0.68 (0.53-0.88)	.003		
Heart rate-highest in ED	1.00 (0.98-1.02)	.936		
Respiratory rate-highest in ED	1.03 (0.96-1.11)	.318		
Systolic blood pressure-lowest in ED (mm Hg)	1.00 (0.98-1.01)	.704		
Oxygen saturation-lowest in ED	1.12 (0.96-1.29)	.141		
White blood cell count (K/uL)	0.98 (0.92-1.050	.624		
Hemoglobin level (g/dL)	1.15 (0.95-1.39)	140		
Platelets (K/µL)	1.00 (1.00-1.00)	303		
Band forms (%)	1.02 (0.94-1.12)	601		
Sodium (mmol/L)	1.04 (0.96-1.13)	362		
Potassium (mmol/L)	1.08 (0.66-1.78)	.761		
Blood una nitrogen (mg/dL)	1.00 (0.99-1.02)	848		
Creatinine (mg/dL)	0.91 (0.78-1.05)	.187		
Glucose (mg/dL)	1.00 (0.99-1.01)	.900		
Serum bicarbonate (mmol/L)	0.88 (0.81-0.96)	.004		
Absence of fever (temperature, <38.0°C)	3.65 (1.24-10.71)	.018		
Tachycardia (>100 beats/min)	1.05 (0.41-2.66)	.922		
Tachyonea (>20 breaths/min)	2.92 (0.68-12.70)	.151		
Hypotension (systolic, <90 mm Hg)	1.11 (0.44-2.77)	.820		
Low serum bicarbonate (<20 mmol/L)	7.60 (2.54-22.8)	<.001		



Table 3 Patient outcomes stratifie	ed by group as a percentage or n	ean with 95% CIs		
Outcome	Entire population (n = 78)	ICU group (n = 34)	Non-ICU group (n = 44)	Р
In-hospital mortality	20.5 (12.2-31.2)	32.3 (17.4-50.5)	11.4 (3.8-24.6)	.045
Intubation within 48 h	24.4 (15.3-35.4)	61.3 (42.2-78.2)	0 (0-8.0)	<u><.001</u>
Mean hospital length of stay (d)	14.1 (11.4-16.7)	16.8 (11.9-21.6)	12.0 (9.2-14.8)	.07

- Ine low bicarbonate likely represents occur hypopenusion
 Iactate? (study patients enrolled in a period before widespread use of lactate)
- patients who develop sepsis on regular nursing floors get worse or delayed care

are critical

→ a trend toward increased mortality in the floor patients → rapid, early, aggressive identification and treatment of severe sepsis/septic shock, <u>correct ED admission decisions</u>

Discussion & Conclusion (II)

- Emergency and admitting physicians should consider the possibility of worsening infection severity in patients with low serum bicarbonate.
- In addition, the absence of fever should not be used as a sign that a patient does not have severe infection.



Predictors of poor neurologic outcome in patients after cardiac arrest treated with hypothermia: A retrospective study

Resuscitation (2011), doi:10.1016/ j.resuscitation.2011.02.020 Laurens L.A. Bisschops, Nens van Alfen, Selma Bons, Johannes G.van der Hoeven, Cornelia W.E. Hoedemaekers

Introduction (I)

- Clinical signs, electrophysiological and/or biochemical tests with a false positive rate of 0% and a narrow confidence interval are currently used early after cardiac arrest to identify a subset of patients with a poor prognosis.
 - ✓ clinical practice parameters as described by the Quality Standards Subcommittee of the American Academy of Neurology (AAN)

Introduction (II)

- Mild therapeutic hypothermia during the postcardiac arrest period
 - a marked effect on the cerebral changes
 - metabolism, cerebral blood flow, inflammatory response and neuro-excitatory pathways
 - Sedatives (midazolam) additionally influence the time to regaining consciousness
 - hypothermia influences the metabolism
 - 1. an increase in plasma concentrations
 - 2. possibly depressed cytochrome P 450(CYP)3A4 and CYP3A5 activity
 - > impaired hepatic and renal function
 - midazolam and its active metabolites can accumulate resulting in an unpredictably prolonged sedative effect
 - ✓ parameters may not be applicable to patients after hypothermia

Materials and methods (I)

- Patients
 - ✓ retrospective cohort study
 - ✓ consecutive adult patients with return of spontaneous circulation (ROSC) after cardiac arrest and treated with mild hypothermia
 - ✓ admitted to the ICU of the Radboud University Nijmegen Medical Centre
 - ✓ Medical Centre between January 2007 and November 2009

Materials and methods (II)

Standard care

- ✓ all comatose patients with a Glasgow Coma Scale (GCS)
 ≤ 8 after cardiac arrest were admitted to the ICU
- monitored and treated according to international clinical standards and the institutional protocol
 cooled to 32–34 °C for 24h by infusion of cold fluids and
- surface cooling, followed by passive rewarming ✓ sedated with midazolam and/or propofol

✓ Ramsay score of 6

- ✓ analgesia using sufentanyl of morphine during hypothermia
- Continuous sedation was stopped at normothermia.
 clinical signs of shivering
- treated with extra sedation, analgesia or rocuronium
- vasoactive or inotropic support
- maintain a mean arterial blood pressure > 80mmHg

The Ramsay sedation scale

1	Awake; Agitated or restless or both
2	Awake; Cooperative, oriented, and tranquil
3	Awake but responds to commands only
4	Asleep; brisk response to light glabellar tap or loud auditory stimulus
5	Asleep; sluggish response to light glabellar tap or loud auditory stimulus
6	Asleep; no response to glabellar tap or loud

Materials and methods (III)

- Assessment of neurological prognosis (I)
 - ✓ bilateral median nerve somatosensory evoked potential (SSEP) study
 - \succ if a patient remained comatose (defined as a motor score of 4 or less) after rewarming and cessation of sedation
 - If the cortical N20 response was bilaterally absent (with peripheral responses present) supportive care was withdrawn.
 - ✓ Where unilateral or bilateral cortical N20 responses to the SSEP were present, a motor score of M1-2 or absent pupillary reactions to light or absent corneal reflexes at day 3
 - not result in withdrawal of active treatment
 - ✓ motor score of M1-2 in combination with absent pupillary reactions and absent corneal reflexes > active treatment was withdrawn



Materials and methods (V)

- Assessment of neurological prognosis (III)
 - ✓ Glasgow Outcome Scale (GOS) was determined at least 3 months after hospital discharge from the patients' correspondence or after consultation of the family physician
 - > (1) death; (2) persistent vegetative state; (3) severe disability;
 - (4)moderate disability; and (5) good recovery
 - A favorable neurological recovery was defined as a GOS score of 4 or 5

Materials and methods (VI)

- · Patient data
 - ✓ analyzed from the day of admission to the ICU until day 7, discharge from the ICU or death
 - ✓ Comorbidity



✓ Complications

> new cardiac arrest requiring chest compressions, hemorrhage requiring transfusion, arrhythmias, acute kidney injury (<u>RIFLE</u> <u>criteria</u>2–3) and/or liver dysfunction (serum bilirubin > 20 µ mol/l)

Materials and methods (VII)

- Data analysis
 - ✓ positive predictive value (PPV) = the probability that the patient had an unfavourable outcome when a positive test result was observed

Results (I)					
Demographic and clinical characteristics. Demographic and clinical characteristicsN=103	Favourable	N=36(35.0%)	Unfavourable	N=67	p Value
Male versus fomale, n (3) Age (yrs) Body mass index (kg/m ²) <u>APACHE II score</u>	24/36 (66.7) v 62.5 (53.8-70, 24.9 (22.9-27, 26.0 (20.5-30, 61.0 (49.0-72,	rrisus 12/26 (33.3%) 2) 0) 0) 5)	52/67 (77.63) ve 64 (54.3-76.0) 25.7 (24.1-27.8) 30.0 (26.8-33.3) 72.0 (60.3-81.0)	enus 15/67 (22.4%)	0.228 0.078 0.351 0.001 0.001
Consortability before admission #(X) Hypertension Dubetes Renal failure Liver failure Isotencic beart disease Heart failure Anthythmia Neurological disease Multgraney	24/36 (66.7%) 13/36 (36.1%) 2/36 (5.6%) 1(36 (2.8%) 10/36 (27.8%) 5/36 (13.9%) 6/36 (13.9%) 4/36 (16.7%) 4/36 (11.1%) 2/38 (5.6%)		51/67 (76.1%) 16/67 (23.9%) 4/67 (6.0%) 5/67 (6.0%) 22/67 (15.5%) 12/67 (12.9%) 12/67 (12.9%) 14/67 (20.9%) 13/67 (19.4%) 3/67 (4.5%)		0.304 0.204 0.932 0.333 0.461 0.597 0.600 0.605 0.250 0.250
Origin of the arrest n (%) Frimary cardiag Primary hypoxic Acute instacewebral lesion Other/unknown	32/36 (88.95) 1/36 (2.85) 0/36 (05) 3/36 (8.35)		45/67 (67.23) 5/67 (7.53) 1 (1.53) 16 (23.93)		0.016 0.333 0.461 0.052
Initial cardiac rhythm n (%) <u>VENT</u> (most common) ASBradycardia PEA Unknown	34/36 (94.4%) 1/36 (2.8%) 1/36 (2.8%) 0(36 (0%)		38/67 (56.71) 20/67 (29.91) 8/67 (11.90) 1/67 (1.53)		<u>+0.001</u> 0.001 0.116 0.461
Time collapse and ROSC (min)	15(10-20)		25 (20-45)		0.001
Emergency caediac treatment it (%) Theombolywis Emergency CARG IABP <u>PTA</u> (most common)	0(36 (05) 0(36 (05) 11/36 (27.85) 16/36 (44.45)		0/67 (05) 1/67 (1.53) 12/67 (1.53) 20/67 (29.93)		NA 0.170 0.142 0.139
Complications during ICU stay # (X) Cardiac arrest Hemorthage Arhythmia Benal failung Uver failung	23/36 (63.95) 5/36 (13.95) 4/36 (11.15) 18/36 (50.05) 1/36 (2.85) 3/36 (8.35)		53)67 (79.13) 16(67 (21.83) 2/67 (21.83) 33)67 (49.33) <u>16(67 (21.93)</u> 6/67 (9.03)		0.013 0.203 0.102 0.941 0.029 0.879
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Result (IV)

- · SSEP of both median nerves
 - ✓ total 46 patients (8 patients inconclusive result)
 - ✓ Uni- or bilateral cortical responses were present in 44.7% of the patients with a poor outcome and 87.5% of patients with a favorable outcome.
 - ✓ no cortical N20 response in 18/38 (47.4%) of the patients with a poor outcome (PPV 1.0 (0.78–1.00))
 - None of the patients with a bilateral absent cortical N20 response had a GCS motor score better than 4.

Results (V) Favourable(N=4) Unfavourable/N=23 p Value PPV (95% CI) 0.75 (0.22-0.9 1/4 (25.0%) 3/23 (13.01 0/4 (0.0%) 2/23 (8.7%) 0.540 1.00 (0.20-1.00 int delt 0.75 (0.22-0.99 0.90(0.54-0.99 1.00 (0.20-1.00 1/4 (25.0) 1/4 (25.0%) 9/23 (39.1%) 11/23 (47.8%) 0.589 3/4 (75%) 0/4 (0.0%) 14/23 (60) 0.82 (0.56-0.95 1.00 (0.75-1.00 0.589 PLEDs = Periodic lateralized epileptiform discharges anti-epileptic treatment for at least 24 h was performed in 16 patients (most commonly with benzodiazepines combined with valproic acid)

- ✓ failed to improve consciousness or EEG patterns in 14/15 (93.3%) patients with a poor outcome and in none of the patients with a good outcome (p = 0.125) (clinical improvement : 2)
- ✓ PPV = 1.00 (0.73-1.00)

Discussion & Conclusion (I)

- The prognosis of post-anoxic encephalopathy in patients treated with hypothermia is difficult to predict in an early phase.
- After treatment with mild hypothermia, the motor score of the GCS gradually improved during the first 7 days after ROSC.
- At day 3, the current clinical practice parameters such as the motor score, pupillary reflex or corneal reflex were unreliable in predicting a poor outcome.
- The predictive value of EEG patterns in predicting a poor outcome was low, except for reactivity of the EEG to noxious stimuli.

Discussion & Conclusion (II)

- Treatment with <u>mild therapeutic hypothermia</u> and its concomitant administration of <u>sedatives</u> decreases the predictive value of the currently accepted clinical parameters.
- The <u>neurological examination</u> is of limited value in accurately predicting outcome.
- A combination of all 3 clinical parameters (<u>pupillary</u>, <u>corneal reflexes and motor response</u>) occurred in only a minority of patients with a poor outcome, resulting in a low sensitivity.

Discussion & Conclusion (III)

- <u>Electrophysiological tests</u>, combined with clinical <u>parameters</u> may facilitate prognostication in patients after cardiac arrest.
 - bilateral absence of cortical N20 responses of median nerve SSEP 24 h after admission in patients treated without hypothermia
 - → invariably correlates with a poor neurologic outcome
 - hypothermia does not change the accuracy of the SSEP for the prediction of permanent coma?
 - → the need for prospective studies to evaluate the predictive value of bilateral absent N20 responses after hypothermia

Discussion & Conclusion (IV)

- <u>Known adverse EEG patterns</u> such as burstsuppression, suppression or periodic epileptiform discharges failed to accurately predict outcome in our population.
 - ✓ burst-suppression or isoelectric pattern
 - → associated with a poor outcome, but its specificity was not 100% and confidence intervals relatively wide
 - ✓ <u>After induction of hypothermia</u> all patients <u>initially</u> demonstrate a slow burst-suppression EEG pattern with long periods of suppression, which <u>gradually subsides</u>.
 - ✓ The occurrence of these patterns <u>after rewarming</u> is associated with a poor outcome, but fails the specificity to accurately predict the prognosis.

Discussion & Conclusion (V)

- An unreactive EEG background to noxious stimuli strongly associated with a poor prognosis in our population.
- ✓ Since EEG reactivity had <u>a false positive rate for mortality</u> of 7%, it cannot be used as a single parameter for prognostication.
- No single clinical or electrophysiological parameter has sufficient accuracy to determine prognosis and decision making in patients after cardiac arrest, treated with hypothermia.
- Early prognostication in patients with post-anoxic encephalopathy will probably require a multimodal approach, combining a number of clinical and electrophysiological tests.





RIFLE Criteria (2002)		AKIN Criteira (2005)			
Stage	GFR Criteria	Urine Output Critieria	Serum Creatinine Criteria	Urine Output Critieria	Stage
Risk	↑ Scr X 1.5 or ↓ GFR > 25%	UO < 0.5 ml/kg/hr X 6 hrs	↑ Scr ≥ 0.3 mg/dl, or ↑ to ≥ 1.5- to 2-fold from baseline	UO < 0.5 ml/kg/hr ≧ 6 hrs	1
Injury	$\uparrow Ser X 2$ or $\downarrow GFR > 50\%$	UO < 0.5 ml/kg/hr X 12 hrs	† Scr > 2- to 3-fold from baseline	UO < 0.5 ml/kg/hr ≧ 12 hrs	2
Failure	1 Ser X 3 or ↓ GFR > 75% or Ser ≥ 4 mg/dl (acute 1 ≥ 0.5 mg/dl)	UO < 0.3 ml/kg/hr X 24 hrs or anuria X 12 hs	↑ Ser >3-fold from baseline, with an acute increase of at least 0.5 mg/dl or individual who received RRT	UO < 0.3 ml/kg/hr $\ge 24 hrs$	3
Loss	Persistent ARF = con renal function > 4 wi	nplete loss of ts	Diagnostic criteria: within - absolute increase in se	48 hrs erum creatinine ≧ 0.3 i	mg/dl,
ESRD	End stage renal disea loss of renal function	se (complete > 3 months)	or a percentage increase or a reduction in urine out	in serum creatinine ≧ put (< 0.5 mi/kg/hr > 6 t	50%, tours)

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